

## **Queen City Urology, APMC**

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### **BCG Patient Post Treatment Instructions**

#### **During the Instillation**

The medication will be instilled into your bladder through a catheter.

The catheter will be removed from the bladder immediately after the installation has been completed.

The medication should be retained in your bladder for about 2 hours to obtain the best results. If you **MUST** urinate before two hours, the medicine will still be effective, but let us know at your next visit how long you were able to hold the BCG.

You should remain active afterwards to move the medicine around in the bladder. If you want to lie down then you should plan to move positions from side to side and back to front every 15 minutes while the medication is in your bladder.

#### **After Instillation**

After retaining the medication in your bladder for 2 hours, it must be carefully disposed of in the following manner:

- Sit down on the toilet to urinate and fully empty your bladder.
- After urinating, pour 2 cups of household bleach (Clorox or equivalent) into the toilet.
- Let the medication, urine and Clorox mixture stay in the toilet for 15-20 minutes before flushing.
- Repeat the above process each time you urinate for 6 hours after each treatment.
- Wash your hands and genital area thoroughly after urination.
- Drink plenty of fluids after your installation to flush your bladder.

#### **Until Your Next Instillation**

You may experience some burning and frequency of urination with the first few times you urinate after your treatment. If this occurs, you need to increase your fluid intake. Take your prescribed medications as instructed.

#### **Symptoms to Watch For**

**Call us at 337-352-2210 if you experience:**

- Continuous pain or burning with urination or any **BRIGHT RED** blood or blood clots in urine.
- Severe urgency of urination with incontinence (involuntary loss of urine).
- Severe frequency of urination.
- Fever, chills or malaise (general feeling of discomfort or illness). Also any flu-like symptoms, joint pain, prolonged coughing or skin rash.